



Sathya Sai Centre of Leicester Sathya Sai International Organisation UK

Announcements & News for August 2020



"Man's life consists of ups and downs, man's body also consists of ups and downs. This is only natural. It is a characteristic feature of things in nature that they go on changing continually. In situations which give pleasure, we should not be elated. We should have an equal mind and face all situations with equanimity. We must take these things with an unwavering mind and attain bliss." *Sathya Sai Baba*

Jai Sai Ram Vinodbhai, we pray and hope that you are in good health and enjoying this lovely summer weather. This month we celebrate Krishna Janmashtami and we remember Lord Krishna's words of wisdom to Arjuna to face each challenge with firm faith in God and to know that what He has planned is in our best interests. That is how we should look at the uncertainty of the current world-wide pandemic which faces all of us as individuals and communities. We had hoped that we would soon be meeting again and resuming our in-person activities at Soar Valley, but sadly that is not likely to happen in the near future (see below for more of an update). But I am sure you will agree that the new opportunities which have opened up to all of us to progress on our spiritual paths within our own homes has been truly remarkable. So all is not lost and we hope that we will be together in-person soon. Until then we hope you continue to join us in our virtual

events and in our on-going service activities.

Plans for Resuming Normal Centre Activities

Further to last month's update, we have now received further information and guidelines from our National Team about the safe re-opening of centres. We have been given very detailed guidelines and a comprehensive risk assessment to complete and share with our Regional President before we can open.



The national team has agreed that all in-person National and Regional events for 2020 involving large gatherings are cancelled for the remainder of 2020 and that suitable online alternatives for key events are being explored. This of course impacts our planned Regional Akhand Bhajans and I know the team are looking at ways to conduct this online.

We discussed re-opening of our centre in our centre meeting at the beginning of the month and we agreed that because Government guidelines still do not allow for group devotional singing to occur, then physically gathering for Sunday morning bhajans would not be appropriate. The SSE team will discuss the option of resuming physical classes from September (venue permitting) or continuing with the virtual classes in their teachers meeting which is happening this month.

So as you can appreciate, in the current circumstances there are no immediate plans for our normal centre activities to resume physically at Soar Valley College. We will of course update you if Government guidance changes or if we have any further updates.

In the meantime our online activities flourish and we know many of you are enjoying them and participating in them.

Global Service Day

Every year at about this time, we take guests who are elderly or disabled on a day-out for Global Service Day. Sadly, this year we are not able to take our guests on a day out due to the pandemic.



Instead, our service team of volunteers

prepared 95 hampers and personally delivered them to all our guests. The hampers contained home-made specialties, packaged food treats and a specially designed NHS Rainbow fridge magnet. We also sent all the guests a video with a message in English and Gujarati to let them know we are thinking of them together with a selection of photos from previous summer events.

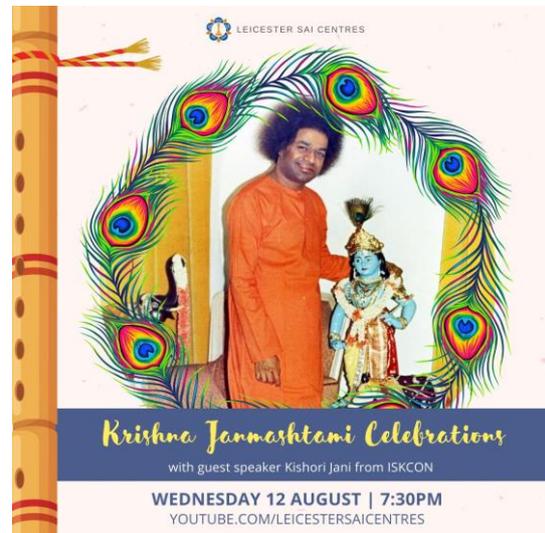
The response from the guests was overwhelming and they were so appreciative of our efforts. It just goes to show you what we can still achieve in these difficult times!

The full report and more pictures can be viewed on our centre website.

[Click here to See More Pictures and Read the Report from Global Service Day](#)

Krishna Janmashtami

Please join us for our virtual Krishna Janmashtami programme on **Wednesday 12th August from 7:30pm**. We will have some uplifting Krishna bhajans, a guest speaker from ISKCON and of course Krishna Jhoola darshan. Please look out for the WhatsApp messages with further details or click on the below link to join the programme



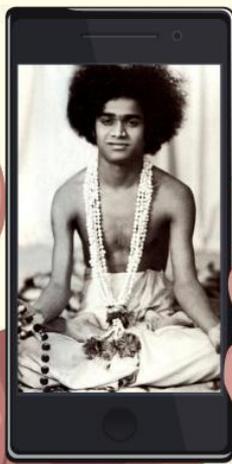
[Click here to Join the Krishna Janmashtami Programme on 12/8 at 7:30pm](#)



REGION 4 | SATHYA SAI INTERNATIONAL ORGANISATION UK

ONLINE YOGA SESSIONS

"BY PRACTISING YOGA, YOU CAN ENJOY THE GIFTS OF HEALTH & BLISS." - SATHYA SAI



JOIN US EVERY WEDNESDAY 6PM & SATURDAY 8AM (UK)
LIVE: [YOUTUBE.COM/LEICESTERSAICENTRES](https://www.youtube.com/leicestersaicentres)

Virtual Sunday Morning Bhajans

Did you know that we are still continuing with our bhajans every Sunday morning at 9am? Since we physically stopped meeting at Soar Valley College, our youth have been broadcasting bhajans on our Youtube channel every Sunday morning at 9am. These are live recordings from our actual Sunday morning bhajans. So you really do feel like we are all together at Soar Valley. If you haven't already then please do join us every Sunday morning at 9am by going to our [Leicester Centres Youtube Page](#).



What's more, Thursday bhajans are also available in the same way - so you can enjoy two Leicester bhajan events in one week!

Centre Meeting Conference Call

Our next centre meeting will be held on Tuesday 1st September at 7:30pm via conference call. Here are the conference call details:

Dial: [+44 333 0110 614](tel:+443330110614)

Room number: 14337422 #

PIN: 6883 #

Or you can simply copy and paste this whole sequence of numbers below into your phone as a contact number and the when you dial it will connect you automatically:

[+443330110614,,14337422#,6883#](tel:+443330110614,14337422#,6883#)

We look forward to you joining us for this meeting.

Leicester Sai Centre

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